

The Joy of Being Gifted

Fresh Perspectives for Guiding Bright Children





Your Story



My Story

Where did the *joy* go?



Gifted programs to support academically bright children:
THANK YOU



What if **ADDITIONAL** brilliance is outside this framework?



Did joy slowly fade away and the need to fit in took over?

How much do you enjoy your
gifted child *today?*

Developing the WHOLE Child

Intellect:

- Knowledge
- Thinking
- Analyzing

Sensitivity:

- Feelings
- Intuition
- Imagination
- Creativity



Cover-up emotions

Anxious

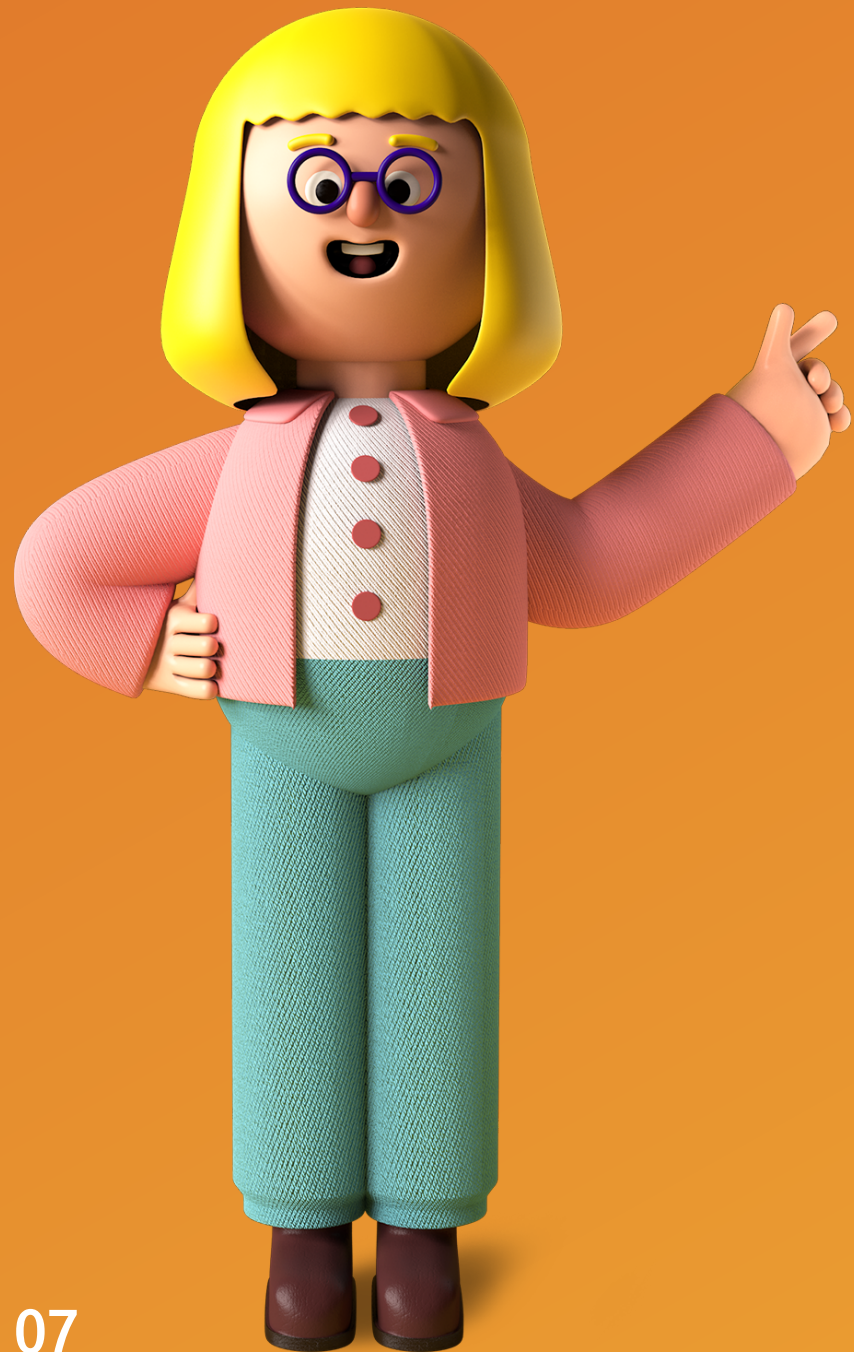
Icebergs re large pieces of ice found floating in the open ocean. What you can see from the surface can be misleading. Most of the Iceberg is hidden below the water.

scared grief
embarrassed overwhelmed
shame tricked lonely
distrustful frustrated depressed
disgusted grumpy stressed
guilt attacked rejected helpless
trauma annoyed exhausted
irritated disrespected unsure
disappointed offended
uncomfortable envious
worried insecure
regret hurt

This is how anxiety works.
Often when we are anxious, there are other emotions hidden under the surface.



The *New* Challenge



**Classic/Traditional
Education**

What do you KNOW?

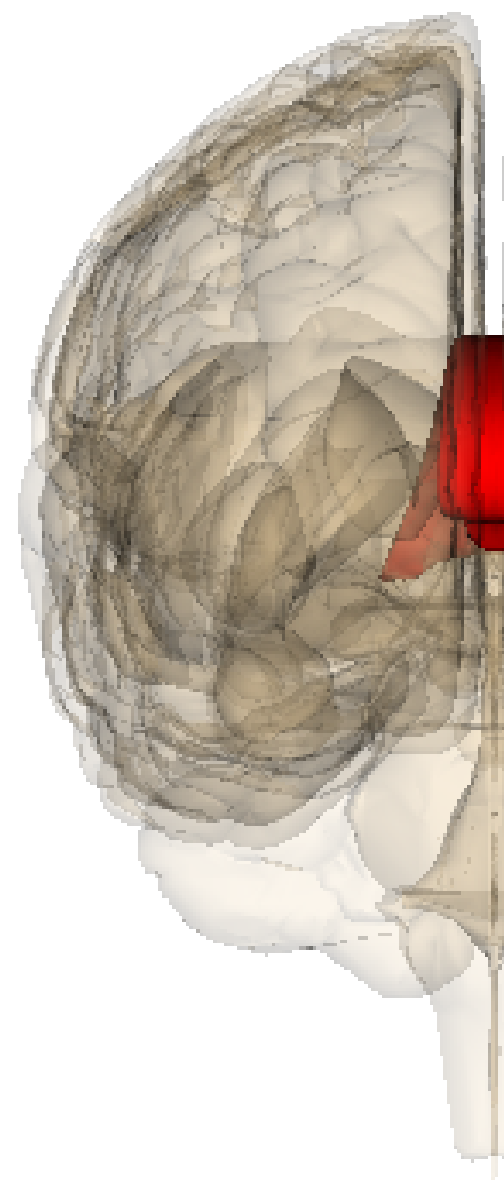
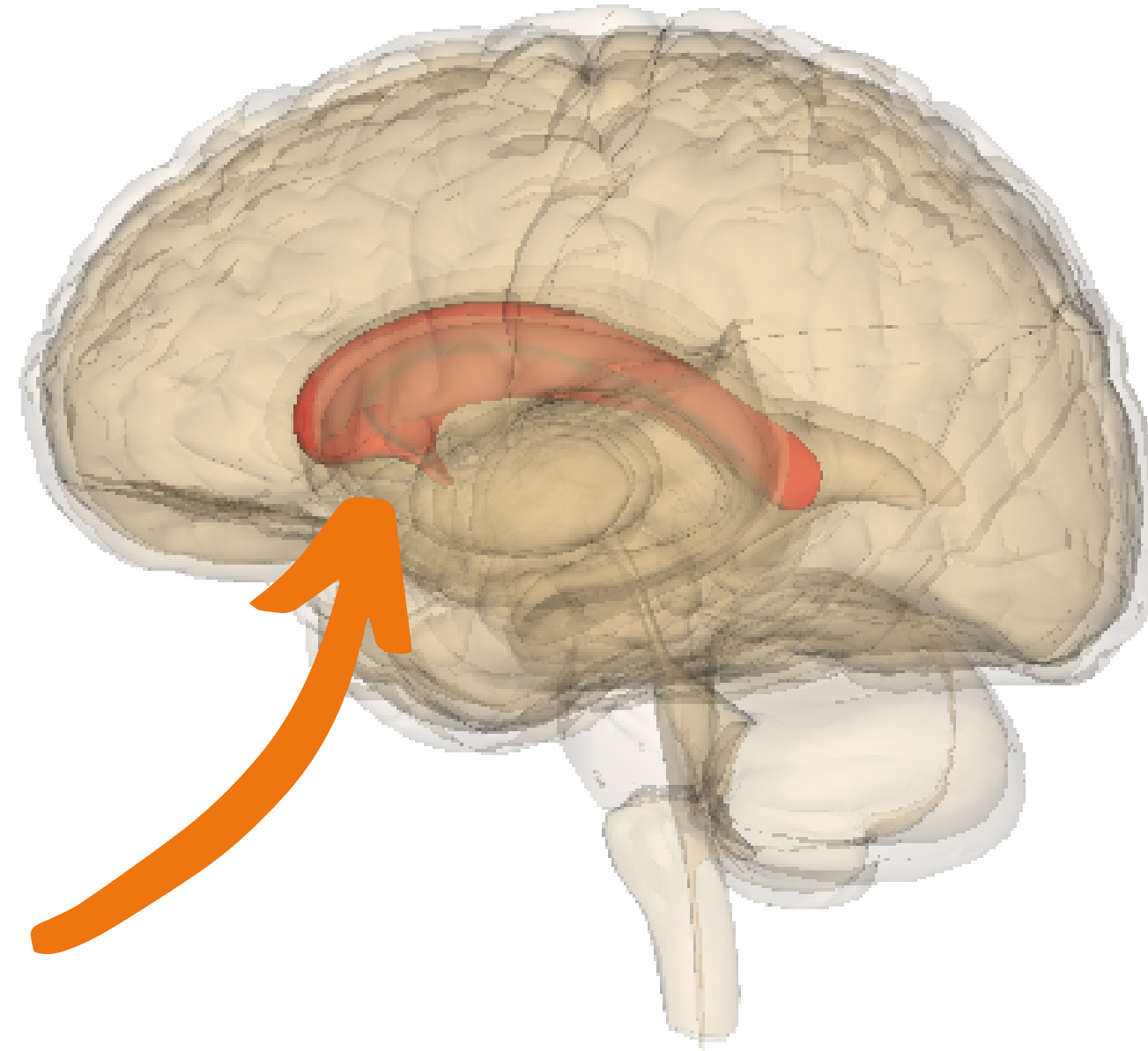
**Contemporary
Education**

What do you want to DO?
Who do you want to BE?

Brain Physiology of Stress

Brain Fog
Brain Panic
Brain Freeze

Corpus Callosum



Behavioral Warning Signals

The Body Never Lies

Perfectionism

Aggressive Outbursts

Temper tantrums

Passivity

Disrespect

Body Images:
“I hate myself”

Endless video games

...

The Power of *play*



First Language

Play shapes the brain

“Make lots of mistakes to learn FASTER”

Opens the Imagination

Invigorates the Soul – Emotional Health

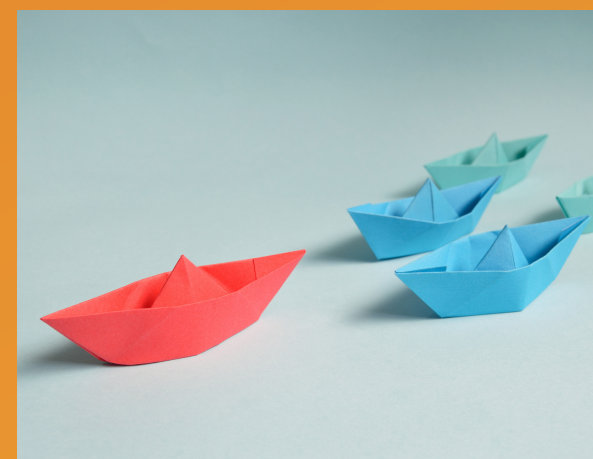
Guiding through Play



Behavior Modeling



Spontaneous – no plan



Simple tools



“Can you do _____?”
Pushups, sit-ups, handstand,
balancing, ...



Throwing balls in different ways

What really happens

Guiding
through Play

=

Behavior
Modeling



You and your child interact
as people



Deeper connections



More respect and guidance



Sample Genius Exercise: Magic Sticks



Playing opens the Heart



Ease and Flow –
Intuition Development



Anxiety Prevention

Ready for a deeper conversation!

curiosity

play

gratitude

caring

creativity

JOY

**Guide
Your Child
to EXCEL**

CONNECT WITH US:

geniuscoaching.com

602.286.4527

FIND US



3 Essential Questions:



What am I good at?



What do I like to do?



Who am I?

Decode and activate innate Genius beyond IQ

The Magic Five:

Creativity

Intensity

Uniqueness

Sensitivity

Grit
(= passion + perseverance)

5 Clues for Hidden *Genius*



- Yearnings = magic attraction to particular activity
- Rapid Learning
- Timelessness
- Satisfaction
- Glimpses of Excellence with or without a lot of practice

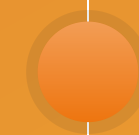
Joyful Lifestyle



Eating



Hydration



Breathing



Movement



Healthy Connections

Quick Look to Denmark

- Danes rank #2 among the happiest people in the world for the last 3 years
- US ranks in position 18, right after Germany – (Forbes Magazine)

Jessica Alexander, Iben Sandhal,

“The Danish Way of Parenting – A Guide to Raise the Happiest Children in the World”

P – Play

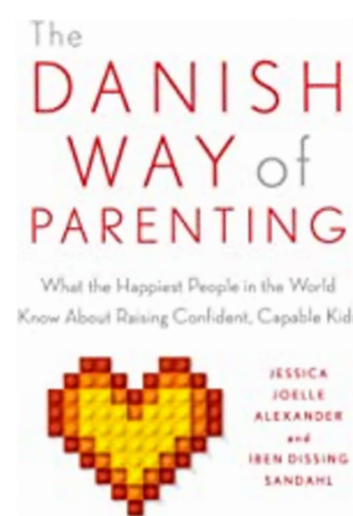
A – Authenticity

R – Reframing

E – Empathy

N – No Ultimatums

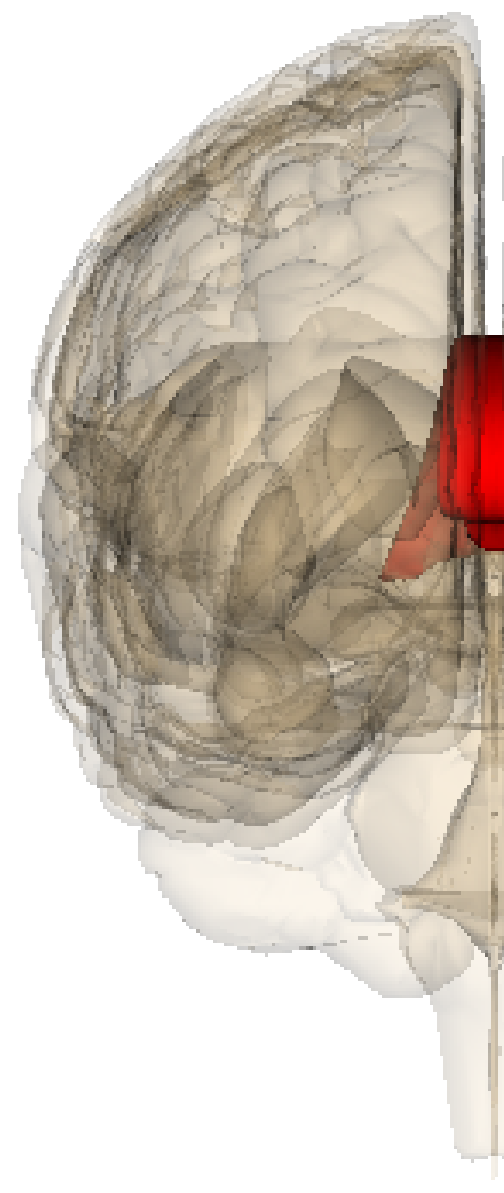
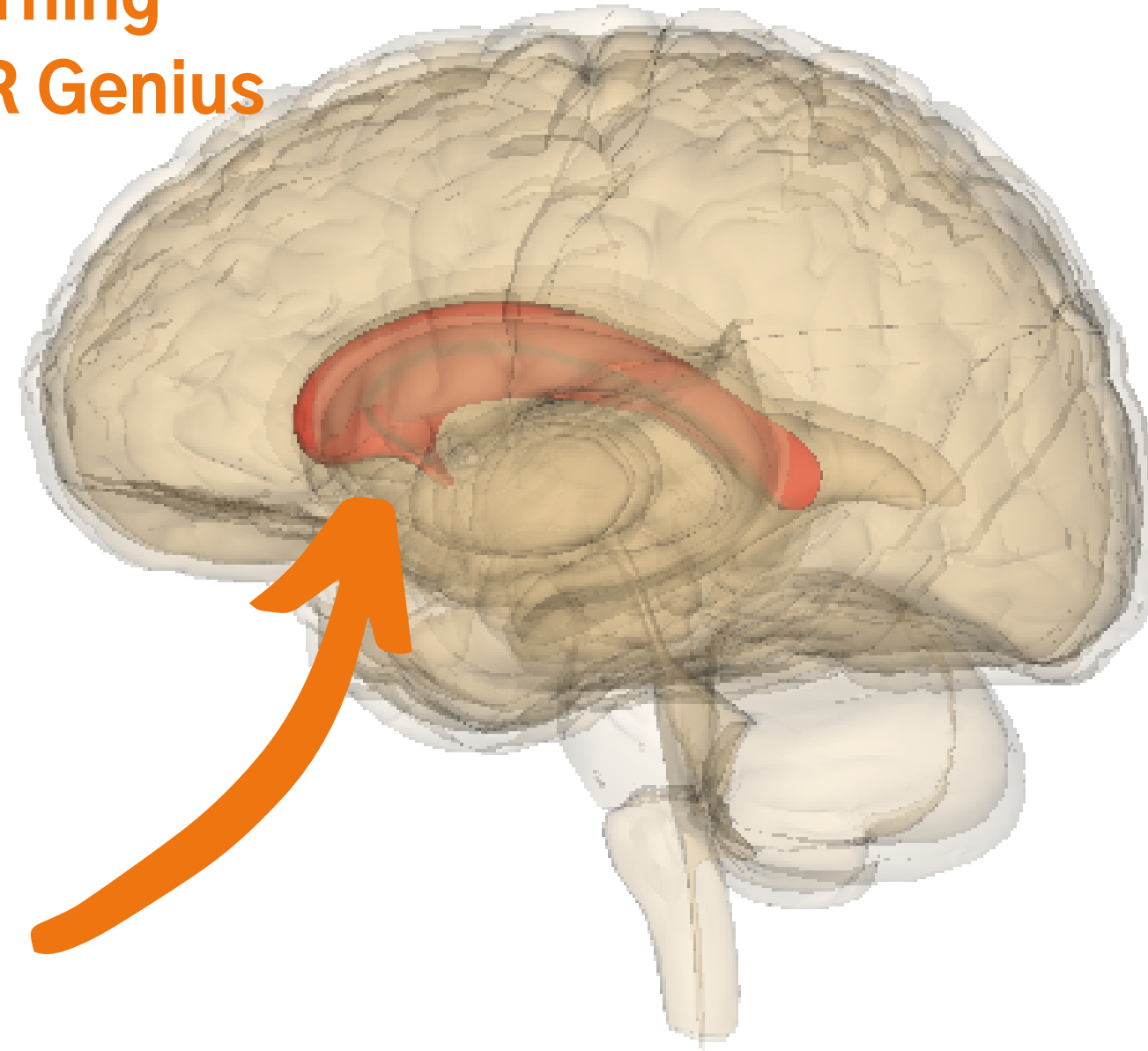
T – Togetherness



Foundation: Brain Connection

Open Mind
Joy of Learning
Rapid Learning
Find YOUR Genius

Corpus Callosum



Cross *walking*

Four variations

Explain impact

Allow variations



Connecting Brain and Body: *neck rolls*

Sharpen your Senses

Remove Fears and Worries

Clear your Thoughts



Coaching *Empowers* and Engages

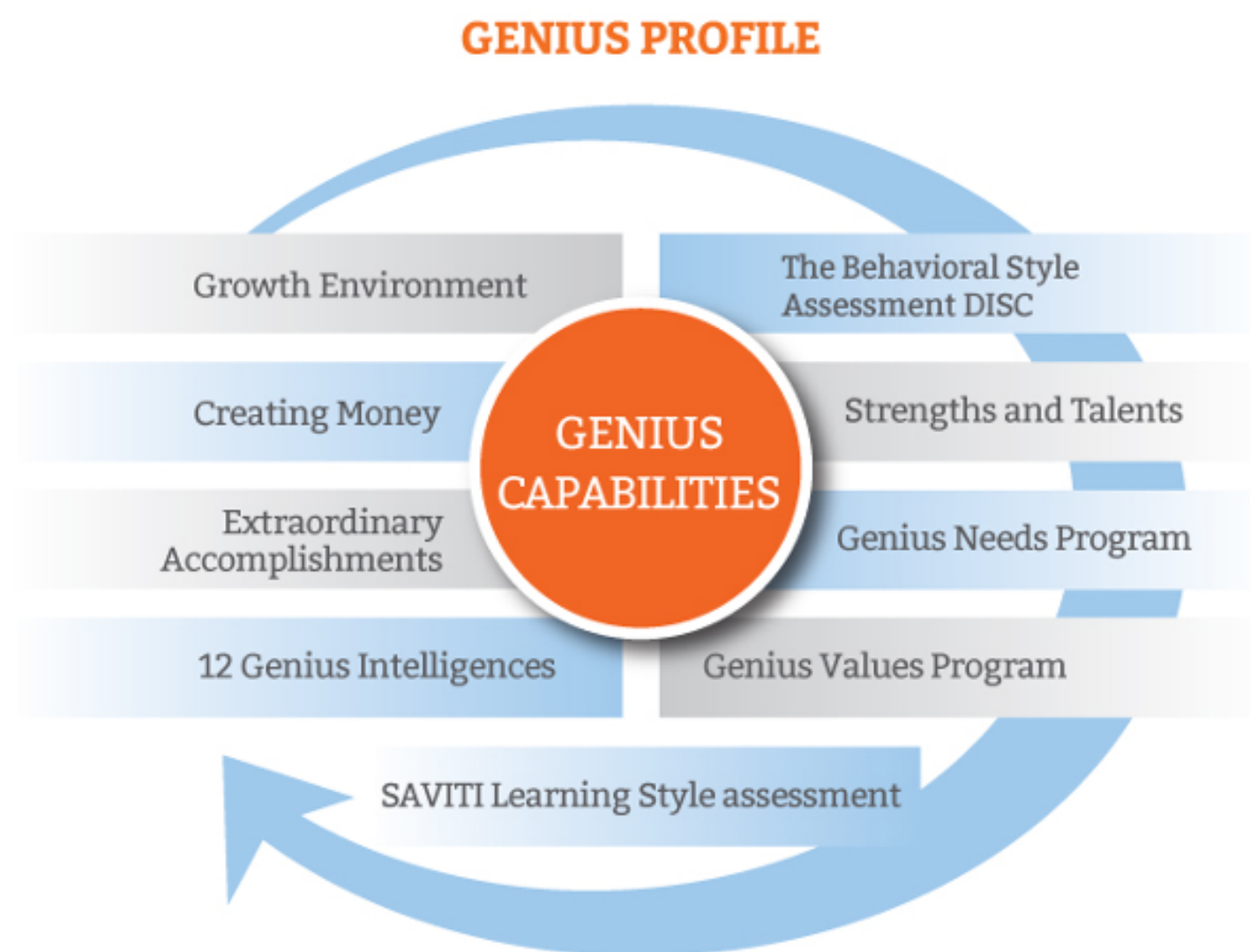
Turns Information to Action

No Advice, Own Solutions

Includes Parent in Every Step



Fresh Start in Education



What am I good at?

Decode Hidden Brilliance

What do I like to do?

Activate Hidden Brilliance

Who am I?

Increase Trust, Respect and Confidence

Common sense is *genius*
in its working clothes.

“Every Master Parent must believe that their child is a genius and they MUST spark it to become a hero”.

Jeff Sandefer. Founder of Acton Academy, Phoenix



Let's connect if you'd like

